

# REGAIN HEALTH THE EASY WAY



## DRINK TO GOOD HEALTH

Water down acidosis with AOX's alkaline water. Fill the coupon for a chance to win one AOX-2000 water dispenser (worth \$1,899) or one of 50 Free Live Blood Analysis sessions (worth \$120 each).

## Lifestyle/AOX GIVEAWAY

Name: \_\_\_\_\_

Sex (M/F): \_\_\_\_\_ Age: \_\_\_\_\_

I.C. no: \_\_\_\_\_

Address: \_\_\_\_\_

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Email: \_\_\_\_\_

Tel: \_\_\_\_\_

Closing date: 30 April 2011

Pop the coupon in an envelope and mail to:  
**Robinson Road Post Office P.O. Box 189 Singapore 900339**

There's nothing like real life testimonials. **CARA YAP** heard from AOX (antioxidant alkaline water) fans that the water did wonders for them.

Jeffrey Tan, the manager of Living Stream explained, "**A healthy body maintains a mildly alkaline 7.4pH level. When excess acids (acidosis) must be neutralised, our alkaline reserves are depleted, leaving the body in a weakened condition leading to various diseases.**" Jeffrey himself has seen a 30% drop in his cholesterol levels since drinking AOX antioxidant alkaline water.

## THE PROOF IS IN THE DRINKING

Well, there was Mr Kok who used to have a pot belly and pain in his knees. He decided to try out AOX antioxidant alkaline water and after mere months, his knees were pain free. He also got rid of abdominal fat and had a tauter tummy, with videos to prove it!

Magic water, you say? Well, it can all be scientifically explained. High blood acid levels cause the pancreas to produce more fat to buffer the acidity. This causes the unsightly pot belly! Even worse, a high level of acidity in the blood **could cause osteoporosis as blood pH is alkalinized by calcium.**

Another amazing testimonial came from Mr Goh, a long time drinker of AOX antioxidant alkaline water. The gout sufferer wasn't hoping for much. Recalls Mr Goh, "To be honest, I didn't really notice the effects until after about half a year, when I realised that I had not experienced a gout attack in some time." A test at his doctor's revealed that his uric acid levels had gone down to a healthy range.

Nowadays, Mr Goh takes a much lower dosage of medication and describes himself as feeling healthier and less lethargic. The bonus of lower uric acid levels - reduced risk of diabetes!

## SEEING IS BELIEVING

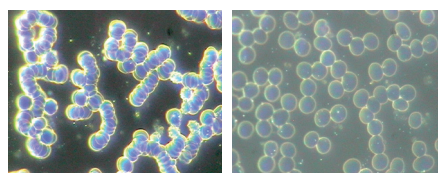
Still sceptical? Blood samples were taken from some of our colleagues. Under the microscope, the cells appeared clotted and ragged. However, just 20 minutes after drinking AOX antioxidant alkaline water, the cells had spaced out and were looking decidedly healthier. Indeed, alkaline water is known to have antioxidant properties, neutralising the free radicals in our body.

Strong evidence that free radical damage is involved in the development of cancer comes from research by Donald C Malins, Ph.D, at the Pacific Northwest Research Foundation in Washington. His was a breakthrough study on free radicals and breast cancer. He showed that the pivotal event in the cause of breast cancer was a shift in the breast tissue towards oxidant overload.

## WASTE-FREE

Health benefits aside, AOX antioxidant alkaline water is also eco friendly as unlike similar products in the market, the AOX system does not produce acidic waste water, whilst at the same time helping us to detox safely. And really, with so much of our bodies composed of water, isn't it commonsense that we should be paying attention to the quality of the water we fill up on?

For more information on purchasing an AOX antioxidant alkaline water system, visit [www.aox.com.sg](http://www.aox.com.sg)



Before Drinking

After Drinking AOX